# ANNUAL REPORT

### The Year 2021 In Review

IKRON Corporation 2347 Vine Street Cincinnati, OH 45219 (513) 621 - 1117

CALIFORNIA DE

IKRON Greater Seattle 3805 108th Ave, NE Bellevue, WA 98004 (452) 242 - 1713

### a year's overview

## **FROM THE DIRECTORS**

**Cincinnati:** During these past two years 2020-2021, IKRON has remained open and steadfast in upholding our mission to serve those less fortunate. We continued to provide vocational, employment, educational, and clinical programming; serving as a lifeline for those with severe mental health, addiction, developmental, and/or physical health issues. The past two years have been challenging times for our community.Individuals that have reached out for help during these "COVID times" have often felt increased anxiety and a hesitancy to attend services face-to-face, understandably so. IKRON and our staff adjusted programming to serve individuals remotely. In addition, with collaboration from the Greater Cincinnati Foundation, we offered emergency meal packs to those with food/nutrition needs. Helping where we were needed the most has always been part of our history.

Other projects we implemented recently to better serve individuals included a culturally competent stigma reduction campaign designed to encourage help-seeking behaviors in communities that have historically been less likely to seek care for issues of mental health or addiction. We also began projects to renovate and improve additional programming space in our Auburn Ave building.

Our outcomes during 2021 highlight additional individuals served and more individuals obtaining and maintaining jobs than ever before. IKRON's placement rate was high. The satisfaction of individuals served was 97%, with many sharing comments like, "The staff are always encouraging, good listeners, and caring."

Our success in being able to continue serving members of our community facing significant needs during times when it was a feat for many companies to keep their doors open, goes to our amazing staff and Board of Trustees members. Staff and Board Members truly came together to find creative ways to expand and redesign our best practices services to meet the demand for those seeking help and implement new benefits for our staff. I thank them all and appreciate all that they have endured these past two years in continuing to help IKRON provide quality services to our participants Thank you for all the support that everyone gives IKRON. You're the best!

**Seattle:** IKRON Greater Seattle has continued to expand best-practice services in the area, thanks to a team of dedicated staff. The PACT team has continued to enroll and serve more clients through a contract with King County. IKRON was also invited to participate as a behavioral health provider at the Issaquah/Renton community court. This participation has helped to increase referrals and general knowledge of IKRON in these areas. Additionally, our Imagine Housing contract was extended and increased, which allows IKRON to employ a mental health clinician to provide on-site behavioral health services to low-income housing residents. Navigating the COVID-19 pandemic has come with challenges and changes to service delivery, however we are grateful to still be providing such crucial services to community members. IKRON Greater Seattle transitioned to HIPAA compliant Zoom phones, which have been an easy tool for managing phone users, transfers, and costs less than the old system. Thank you to all IKRON Greater Seattle staff for their patience, grace, and dedication to those we serve amidst such a year!

The mission of IKRON is to assist adults and youth who use IKRON's services to build self-confidence, attain greater selfsufficiency, lead more meaningful and fulfilling lives and to obtain and maintain satisfying employment

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### HERE'S HOW WE HELP

Our staff continue to provide high quality services to individuals, which is reflected by our 97% satisfaction rate. Below are some quotes from consumers this past year when asked what they like the most or find most helpful about the service they are participating in. 1450

unique persons served in 2021

30%

more than our goal for # of individuals served



Through a variety of creative services, IKRON helps individuals achieve greater independence and a better quality of life. These services have their roots in milieu therapy set up by the agency's founders, along with the highly trained and caring staff, to offer a unique environment for quality empowerment of those served. Individuals are referred to IKRON through local agencies, hospitals, therapists, and self-referrals. Initial assessment of the abilities and needs of each person entering the program is conducted. Individual and group services are offered, placing an emphasis on each person's need and ability.

# IKRON CINCINNATI STAFF



### **Management Staff**

**Executive Director, IKRON Cincinnati Director of MIS Director of Program Services Director of Employment Services** Placement Coordinator **Director of Finance Clinical Director** 

Randy Strunk, MEd, MA, LPCC-S David James, Client Rights Officer Melissa Harmeling, MA, LPCC-S Darla Menz, MEd, MA, LPCC-S Cheryl Krummen, Career Specialist Theresa Zaffiro Janie O'Brien, MA, LPCC-S

#### Programming and Support Staff

Morgan Akers - Career Specialist/Skills Trainer Alexis Armacost - Career Specialist/Skills Trainer Georgia Bailey - Nurse Practitioner Mark Bailey - Building Maintenance Jen Barrett - Employment Group Leader Ronald Bashara - Career Specialist/Skills Trainer **Courtney Basone** - Accounting Assistant Samantha Bixler - Career Specialist/Skills Trainer Hannah Bolander - Therapist Riley Bolin - Career Specialist/Skills Trainer Lee Bowen - Community Outreach Jim Brock - Community Outreach Audrianaha Bundy - Career Specialist/Skills Trainer Matthew Brown - Mighty Vine Wellness Instructor Christy Capell - Youth Services/Counselor Ken Carbonell - Fiscal Assistant Sarah Coffey - Career Specialist/Skills Trainer Sherry Clower - Career Specialist Maya Creighton - Mental Health Specialist James Crosby - Career Specialist Ralph Dehner - Mighty Vine Wellness Trainer

Pat Dittmeier - Therapist

Debbie Altemuehle - Career Specialist/Skills Trainer Raelyn Duening - Grants/Development Coordinator Marcus Easterly - Career Specialist/Skills Trainer Erik Edwards - Mighty Vine Wellness Educator Rachel Eklund - Therapist Kathrine Engle - Career Specialist/Skills Trainer John Ezenagu - Career Specialist Margaret Genis - Career Specialist Anna Giordullo - Social Worker Susan Hand - Career Specialist/Skills Trainer Lindsey Elder - Career Specialist/Skills Trainer Viola Harrison - Warmline Program Coordinator Lindsay Heckman - Career Specialist/Skills Trainer Chelsea Hermann - Office Staff Christine Hill - Career Specialist/Skills Trainer Frances Holzschuh - Career Specialist/Skills Trainer Darla Huffman - Career Specialist/Skills Trainer Allison Jackson - Career Specialist/Skills Trainer Cynthia Keller - Career Specialist/Skills Trainer Stephanie Kennedy - Career Specialist/Skills Trainer Kaitlin Kirk - Career Specialist/Skills Trainer Janet Kohl - Warmline Assistant

#### **IKRON CORPORATION | ANNUAL REPORT 2021**

# IKRON CINCINNATI STAFF

#### **Programming and Support Staff**

Audrey Koopman - Career Specialist/Skills Trainer Austin Kyle - Career Specialist Cindy Kyle - Career Specialist/Skills Trainer Kevin Lane - Career Specialst James Lawson - Mighty Vine Wellness Instructor Reggie Malebranche - Career Specialist/Skills Trainer Beth Maltry - Career Specialist/Skills Trainer Melissa Martin - Career Specialist/Skills Trainer Kelly Miller - Vocational Instructor/Computer Trainer Errika Moore - Career Specialist/Skills Trainer James Morris - Building Maintenance/Instructor Joey Oakwood - Therapist/Career Specialist Scarlett Owens - Office/Career Staff Sarah Pannkuk - Career Specialist/Skills Trainer Andrew Parlin - Therapist Jeannie Perry - Career Specialist/Skills Trainer Brian Peterson - Career Specialist/Skills Trainer Alyssa Polito - Employment Staff Pat Prince - Warmline Assistant Mandy Rector - Career Specialist Erika Ricks - Mighty Vine Wellness Instructor Alyson Roeseler - Career Specialist/Skills Trainer Mary Rowan - Career Specialist Dan Roundtree - IT Coordinator Hannah Russell - Substance Abuse Group Leader/Therapist

Julie Schild - Orientation Leader/Therapist Amy Schmidlin - Human Resources Assistant Daniel Senser - Mighty Vine Wellness Instructor Joseph Sheehan - Social Worker Katherine Specht - Mighty Vine Wellness Instructor Alexia Strader - Career Services Staff/Skills Trainer Amy Stullenberger - Pathways Counselor Melissa Sullivan - Career Services Staff/CWA Damien Tingle - Career Specialist Michelle Mary Troutwine - Career Services Staff Venita Tyler - Computer Assistant/Office Assistant **Bob Wagner** - ServSAFE Instructor Elizabeth Wallace - Career Specialist/Skills Trainer Cindy Waters - Office/Career Staff **Emily Westermeyer** - Therapist Su Wilcox - Office Assistant/Accounting Assistant Nick Willis - Career Services Staff/Skills Trainer



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# **GREATER SEATTLE STAFF**

### **Management Staff**

Executive Director, IKRON Greater Seattle Recovery Services Supervisor Clinical Director Mental Health Supervisor Vocational Director PACT Team Leader Jennifer Jeffries, MS, MHP, LMHC Virginia Agustin, MA, MHP, LMHCA, SUDP Alyssa Chamberlin, MA, MHP, LMHC, SUDPT Timothy Primeaux, MA, MHP, LMHC, SUDP Carly Hall, BS, AAC Sabrina Walker, MSW, MHP, LSWAIC

### **IKRON Greater Seattle - Staff Members**

Carrie Jambresic, BA, AAC - Career Specialist Duane Hull, BA, AAC - Career Specialist Iris Sepe, BAS, CC, AAC, CDP - PACT Specialist Krista Logue, SUDPT - SUD Clinician Travis Miner, BS, AAC - MIS / QI Specialist Warren Barlow - Billing Assistant Edna Mae Felix, AAC - Vocational Counselor John DeMott - PACT Psychiatrist Pamela DeKeyser - Psychiatric ANRP Sarote Limpanyaloet - Psychiatric ANRP Karen Belflower, LMHC - PACT Mental Health Counselor Norman Kelly - IT Support Specialist Cambie Ferguson - Substance Use Disorder Clinician Matthew Keeker, AAC - PACT Peer Support Specialist Michelle Houk, AAC - Outreach Mental Health Clinician **Teresa Holmberg, AAC** - DD Career Specialist & Administrative Assistant Caitlin O'Sullivan, SUDP - Substance Use Disorder Clinician Sierra Parker, AAC - Career Specialist **Eryn McDowell** - PACT Program Coordinator Brianna Peterson, AAC - Vocational Counselor Marcola Nixon, AAC - Health Homes Care Coordinator

Michael Martindale, LMHCA - Mental Health Clinician Susan Pavlansky, LMHCA - Mental Health Clinician Chelsea Peter, LMHCA - Mental Health Clinician Cameron Rosellini, AAC - Office Coordinator Rodney Young, LMHC - PACT Mental Health Counselor Robert Reagan, AAC - Health Homes Care Coordinator Persephanee Rodriguez, SUDP - SUD Clinician



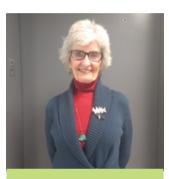
### **IKRON'S BOARD OF TRUSTEES**



George Stricker Jr. Board President



Bruce Pullens Board Vice President



Joan Murray Board Member



**Neal Shah** Past President



Jake Stricker Past President



Kyle Broderick Board Member



Barry Myers Board Member



**Barb Smith** Board Member



**Jennifer Rulon** Board Treasurer



**Jeff Dierker** Board Member



Avery Blair-Wilson Board Member



**Tim Balskus** Board Member

### COLLABORATIONS WITH PEER-OPERATED SERVICES CONTINUES TO BE SUCCESSFUL:



The mission of the Mighty Vine Wellness club is to improve the lives of people with mental illness through exercise and fitness activities. In 2021, the center had 1,100 visits.

MIGHTYVINE.ORG 513-241-9355



The WARMLINE offers peer support through 24hour phone services that assist individuals in their recovery from various mental and emotional issues. In 2021, the program had 28,250 calls.

CINCYWARMLINE.ORG 513-931-9276



The Recovery Center of Hamilton County promotes wellness and personal growth designed to empower individuals in recovery. In the past year, over 11,500 individuals participated in services.

RECOVERYCENTERHC.ORG 513-231-1411

We believe that all persons have the potential for living more fulfilling lives. We place strong emphasis on respect and support for persons with challenges in relationships, education, employment or disability. Our services are fashioned to the needs and level of readiness of the individual in a caring, dignified and respectful environment.

## WE LOVE TO CELEBRATE

And our clients give us plenty of opportunities to do so. Here are some success stories from the year that we would like to share with you so that you can celebrate with us.

**Justin** came to us discouraged after trying to get and keep a steady job in his field. He's an FAA certified Aircraft and Powerplant (A&P) mechanic, but his cerebral palsy had led some employers to be skeptical about his ability to meet the demands of the job. As a result, Justin struggled with depression and anxiety.

So Justin and his job developer, Amanda, got to work. They practiced interview skills and tidied up his resume to make his stellar skill set really shine. His interview practice paid off when his first interview led to a job offer—which was derailed by a bout with COVID and a devastating loss in his family.

After taking a bit of time, Justin set out again and was offered a job in the industry, but not specifically working on airplanes. Justin was initially discouraged by this, but Amanda encouraged him to see this job as a stepping stone to what might come next, and use this opportunity to add to his resume and build up some work history. Justin continues to look for the A&P job that will let him use all of the skills he worked so hard to obtain, and in the meantime, this is the longest he's ever held a job in his life.

**Lisa** came to IKRON with a stellar work history in customer service and as a nurse's assistant. Unfortunately, she also came to us five years after a debilitating stroke. Lisa had worked hard to regain her walking skills, speech, and the use of one arm, and was ready to take her determination and work experience back into the job market.

Lisa and her job developer, Heather, practiced job seeking and interview skills together and polished up Lisa's resume. They searched for the best employment opportunity to fit Lisa's strengths and accommodate her barriers. This process lengthened into months as Lisa never lost hope that the right job for her was waiting right around the corner.

Finally, Lisa and Heather found an employer who could see the valuable hard worker that Lisa is, and she was hired at Cincinnati Sports Club as a Daycare Attendant, where she has now been working for three months. Lisa finds joy in working with children and loves her new job.

### **IKRON'S 2021 FINANCIAL OUTCOMES**

	2021	2020	2019
REVENUE	\$7,059,531	\$6,665,259	\$4,920,585
EXPENSES	\$6,271,841	\$5,305,256	\$4,820,276
INCREASE IN NET ASSETS	\$787,690	\$1,260,003	\$100,309
TOTAL ASSETS	\$4,395,156	\$4,363,724	\$2,458,391

IKRON offers a variety of services and resources to assist youth and adults to achieve in meeting goals, such as employment, education, or recovery of mental health and/or addiction issues.

#### These include:

- Career Counseling
- Computer Training
- Community Based Work Experience
  Vocational Skills Training
- Diagnostic Assessment
- Individual/Group Counseling
  Youth Employment Services
- Psychological Testing
- Remedial Education

- Support of Peer-Operated Businesses
- Supportive Employment
- Work Evaluation and Adjustment
- Job Development and Placement
  Mighty Vine Wellness Club Program
  - Recovery Center Program
  - WARMLINE Program
- Support for Persons with Past Substance Abuse



- City of Cincinnati [4%]
- US District Court [2%]
- OOD [16%]
- MH RSB [8%]
- Medicaid & Medicare [3%]
- Grants/Contributions [8%]
- School Contracts & Dept. of Education [<1%]</li>
  Other [33%]
- DVR Greater Seattle [2%]
- King County Greater Seattle [16%]
- HealthHomes Greater Seattle [3%]
- Amerigroup Greater Seattle [<1%]
- City of Issaquah Greater Seattle [<1%]
- City of Redmond Greater Seattle [<1%]</p>
- City of Kirkland Greater Seattle [<1%]
- City of Bellevue Greater Seattle [<1%]

IKRON Total Expenses: \$6,271,841 Operating Supplies [<1%]

- Office Supplies [2%]
- Travel Expenses [>1%]
- Professional Expenses [>1%]
- Other [22%]
- Salaries and Benefits Cincinnati [40%]
- Salaries and Benefits Greater Seattle [34%]



Opportunities for Ohioans with Disabilities







## THANKS TO IKRON'S MAJOR FUNDING SOURCES FOR SUPPORTING THE INDIVIDUALS WE SERVED IN 2021





Warren County Board of Developmental Disabilities



Selected programs at IKRON have been accredited by CARF, a national facility accrediting programs services in rehabilitation and mental health agency

# CORPORATE & FOUNDATION DONORS

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